

**Parental Depression: From Intervention to Prevention**  
**HRSA/MCHB 2007 FEDERAL/STATE PARTNERSHIP MEETING**  
**Building Blocks for Promising Practice Models**

October 14 - 17, 2007

**Parental Depression: From Intervention to Prevention**

MARYBETH BADURA: I thank all the speakers. I'd like to highlight before you some things that we have done at the federal level and some other things that are coming out. You have on your table our Perinatal Depression Book. This book actually was developed after we had funded a series of 11 states to work on perinatal depression and convened an expert panel. And we've really used the experience of the first states that were funded in developing the content of the brochure and the pamphlet you have in front of you.

The pamphlet is now being translated into Spanish. It will be a culturally appropriate translation that will meet the needs of the varied Hispanic populations across America. And that translation is occurring at this point. We have two other publications. A major theme in the perinatal depression brochure is a theme, "No woman is alone and help is near." And we think that that's a very resounding theme and a key message in all of our work in this area.

Our Bright Futures for Women's Health and Wellness has--could you put--bring the slides up? This is a parallel activity for our Bright Futures for Children that's been going on for several years. And the second domain--this is the first, the

perinatal depression book and this is the key message throughout. But our Bright Future for Women's Health and Wellness is going to be releasing--Sabrina tells me, hopefully by the end of this month, it will be printed. And we're sure--and send you copies, but a series of materials that will address consumer provider and community dealing with mental wellness and how to promote it with those three populations.

And we also have dealing with--in the perinatal area, another publication that we'll hope to have out in the next year, and that's a publication recalling Tender Loving Care for Mommies, TLC. It really focuses on the area of maternal adaption and maternal wellness during pregnancy. So, I look forward to those publications coming out in the near future.

And now, if there are any questions, I think we have room for maybe five minutes of questions if anyone has them.