

2011 AMCHP and Family Voices National Conferences

WORKING TOGETHER TO IMPROVE MATERNAL AND CHILD HEALTH

February 12-15, 2011 • Omni Shoreham Hotel • Washington, DC • amchp.org/conference

Designing Effective and Appropriate Systems for Adolescents at the State and Local Levels

Tuesday, Feb 15
2:30 PM - 3:45 PM

Presenter: Laura Snebold, NACCHO;
Sharron Corle, AMCHP; Lissa Pressfield, AMCHP



Learning Objectives

- Increase awareness of a conceptual framework for a systems approach to improve adolescent health and well-being.
- Increase awareness of multi-sectoral adolescent health service coordination.
- Improve understanding of the level to which their existing facilities, programs, services, and partnerships meet the needs of adolescents in their community.
- Identify strategies and recommendations for enhancing the integration of delivery of adolescent health services and programs.





MCAH?

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ad·o·les·cent – adj.

A young person who has undergone puberty but who has not reached full maturity; a teenager.

Age range: 10-24 years old

Adolescence is the bridge period between adulthood and childhood – it is a transitional stage marked by physical and mental developmental changes



Quick stats

#

1sts

Disparities



Timing matters ...

As the border between adulthood and childhood, adolescence is a critical time for health promotion

Many adolescents behave in risky ways or live in environments that not only affect their immediate health, but also have a significant impact on their health as adults.



Adolescent Health Trivia!

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**Name five Adolescent
Health risk
behaviors/indicators
that are trending *down***



**What year did the
Adolescent Birth
Rate reach an all
time low?**



What are the three “new” Adolescent Health morbidities?



Which Adolescent Health risk behaviors are statistically significantly reduced by both Parental & School Connectedness?



What are the three elements of Effective Youth Programs?



AMCHP Systems Work

- ***White Paper: Making the Case for a Comprehensive Systems Approach for Adolescent Health and Well-being***
- **Supporting a pilot project in Nebraska**
- **System Capacity Assessment Tool**



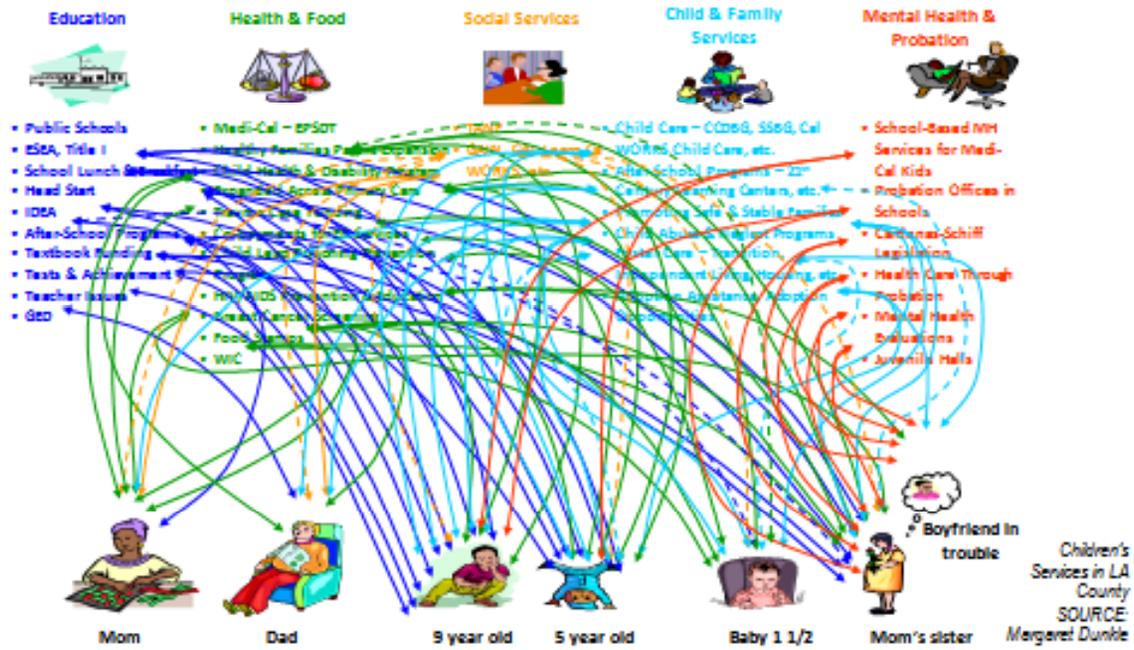
Why are we doing this work?

Assumptions

- A significant number of adolescents are not being prepared for a successful future (and that there are programs & policies that can positively affect these conditions)
- Building a comprehensive system requires public action – states are laboratories for change.
- Developing a comprehensive adolescent system – rather than expanding an array of program option – is the key to success.



Status Quo



Fragmented Systems

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ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS

March 2010

AMCHP White Paper

Making the Case: A Comprehensive Systems Approach for Adolescent Health & Well-Being



AMCHP Emerging Issues Committee's (EIC) Adolescent Health Workgroup

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MCHB STATE EARLY CHILDHOOD COMPREHENSIVE SYSTEM GRANTS (SECCS)

Health Resources and Services Administration
Maternal and Child Health Bureau

Anticipated Outcomes:

- strong State MCH leadership and participation in early childhood systems development
- a completed needs assessment for early childhood intervention
- a completed plan for action based on the needs assessment
- developing strategic partnerships among critical State stakeholders

September 2002



3

Lots of recent focus on the importance of investment in early childhood ...

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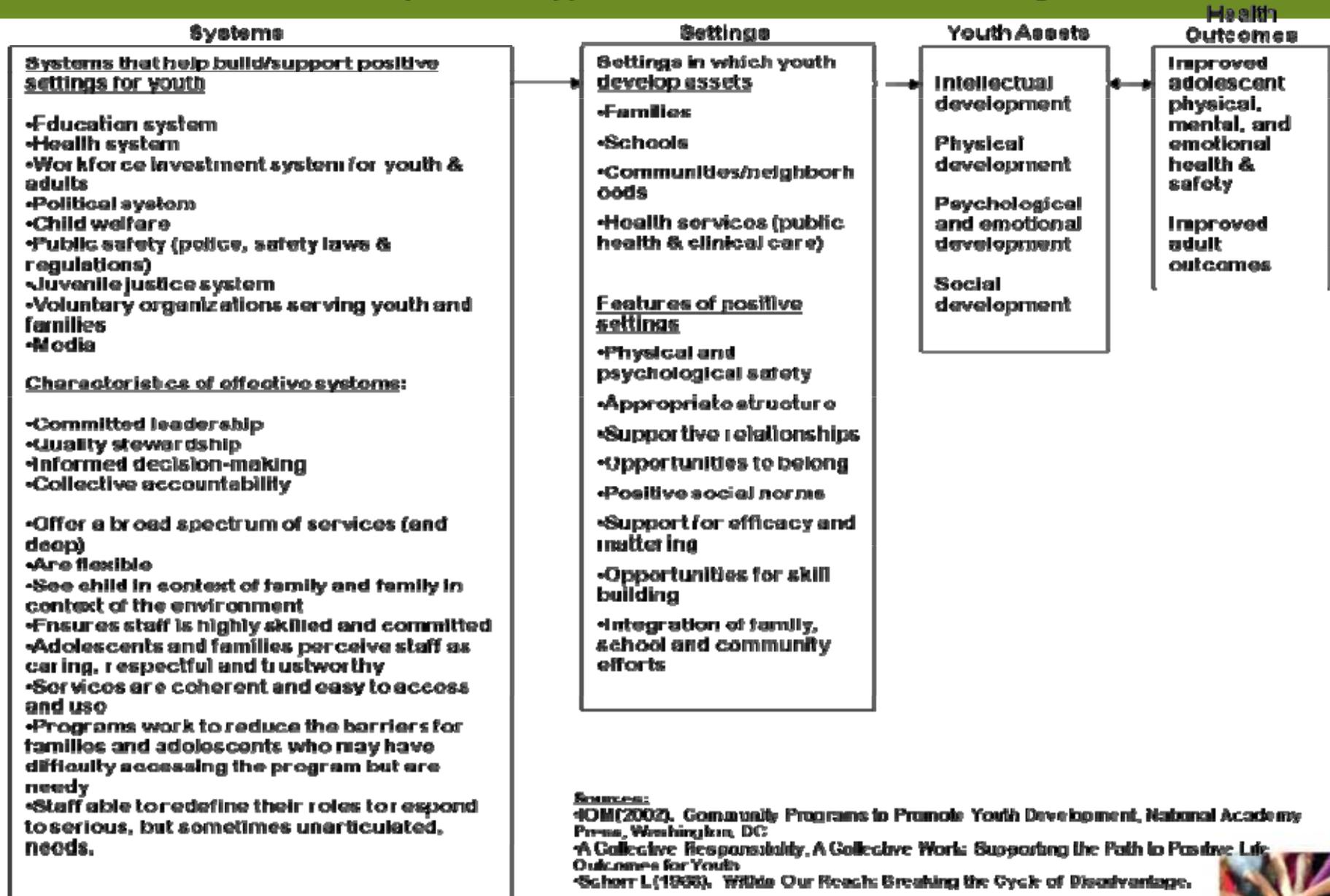


Early Childhood Systems Components

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**Conceptual Framework :
A Comprehensive Approach for Adolescent Health & Well-being**



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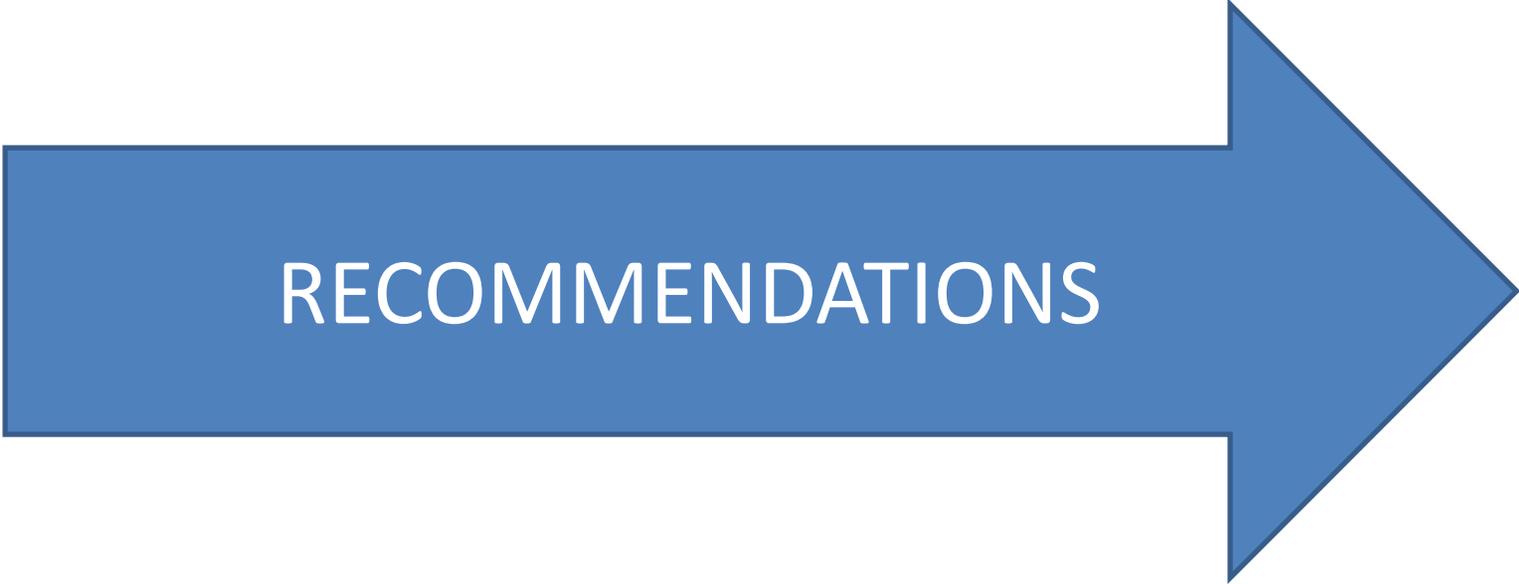
AMCHP believes supporting and adopting a comprehensive systems approach to adolescent health will ...

- Protect /leverage investment in early childhood
- Create partnerships (federal, state and local) to strengthen the adolescent health infrastructure
- ID effective ways to coordinate programs/services/systems
- Foster the development of cross service systems
- Establish a bridge within the lifespan health model where the adolescent population is viewed as part of an integrated lifespan continuum rather than a singular and separate point





RECOMMENDATIONS



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Physical, Mental and Oral Health Care



Community support



Education and Career Development



Social-Emotional Development



Health Promotion/Population-based services



Family Support and Education



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www.amchp.org Search: System Capacity Assessment Tool

SYSTEM CAPACITY ASSESSMENT TOOL



WORKING TO

NACCHO Adolescent Health Infrastructure Project



The National Connection for Local Public Health



Adolescent Health Infrastructure (AHI) Project

Background: Project Aim and Goals

Overall Aim: Strengthen the capacity of local health departments (LHDs) and their partners to improve the adolescent health infrastructure and adolescent health promotion, at the local level.

Project Goals

- Improve community-level coordination and integration of adolescent health services and programs among public agencies, health care providers, health organizations, and community agencies.
- Improve the extent to which LHD facilities, programs, services, and partnerships meet the needs of adolescents in their community.



Adolescent Health Infrastructure Project

Background: Project Activities

Development of Recommendations: Specific to improving local level coordination , integration and the provision of adolescent health services and programs

Development of Web-based toolkit: Designed to help improve local level adolescent health service coordination and integration, and develop health programs and services designed to meet the needs of adolescents



AHI Expert Panel

- NACCHO invited a multidisciplinary group of adolescent health experts to serve on an Expert Panel in an advisory capacity.
- 13-member, multidisciplinary group consisting of representatives from local public health, academia, education, private provider groups, non-governmental organizations and adolescent health law
- Members participate on conference calls, attend in-person Expert Panel meetings, respond to emails and other communication from NACCHO staff, and review publications and other products developed for the AHI Project



Tuesday, February 15, 2011



Public Health
Prevent. Promote. Protect.

Adolescent Health Infrastructure Project

Background: Project Activities

In Person Meeting #1

- January 28-29, 2010: convened the AHI Expert Panel for a two-day meeting in Washington, DC
- Meeting purpose: Develop a set of proposed recommendations designed improve community-level coordination of adolescent health services and programs among LHDs, other public agencies, health care providers, community agencies and other interested partners working at the local level.



Adolescent Health Infrastructure Project

Background: Project Activities

Discussion topics

- Domain #1: Adolescent Immunizations
- Domain #2: Delivering Services Designed to Meet the Needs of Adolescents
- Domain #3: Building Effective Partnerships
- Domain #4: Screening, Assessment and Referral
- Domain #5: Utilizing Information Technology
- Domain #6: Gaining Support for Adolescent Health Care Efforts

NACCHO
National Association of County & City Health Officials



Public Health
Prevent. Promote. Protect.

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NACCHO Focus Group: Adolescent Consumers

6 young adult participants

George Washington University
students

90 minute focus group

Questions developed in
collaboration with NACCHO intern

Discussion topics

- Accessing care
- Experiences interacting with providers
- Fragmentation of services
- Confidentiality
- Collecting and storing medical information
- Paying for care
- Communicating health information



NACCHO Focus Group: Adolescent Consumers

- Not enough time & attention during visits.
- Use of online information to gather additional information on symptoms.
- Positive experiences with Student Health services, not the best with private providers.
- Problems interacting with office staff.
- *Being asked the right screening questions, but tools and techniques could be improved.*
- Problems obtaining referrals.
- Would like linked medical record systems.



NACCHO Focus Group: Adolescent Consumers

- *The nurse comes and talks to me, the one who does the electronic records, which is fine, but she doesn't really make eye contact with me. She's always like typing. And then when she comes in, it's very like [snaps the fingers] it's just like, "gotta get out of here, see ya later, bye."*
- *I tried a clinic, and now I'm at a hospital. And I would say I love the physicians at the clinic better. They didn't baby me at all. My doctor would just tell me as it is. Whatever topics, sex, whatever, he'd just talk to me about it, no problem*



Adolescent Health Infrastructure Project

Background: Project Activities

In Person Meeting #2

- October 14 - 15, 2010: convened the AHI Expert Panel for a two-day meeting in Miami, FL
- Meeting purpose: Revisit recommendations in light of major contextual changes (e.g., health reform, Teen Pregnancy Prevention funding, etc.) and discuss preliminary design of the AHI web-based toolkit and other resources.



Adolescent Health Infrastructure Project: Background: Project Activities

In Person Meeting #2 Results: 14 Recommendations → 3 cross-cutting categories

People

- Build support for LHDs as AH leaders at state, regional, and national levels.
- Support LHDs to serve as a local champion for AH.

Systems

- Support LHD involvement and coordination in emerging infrastructure for AH (e.g., engage in cross-cutting areas such as epidemiology, accreditation, MAPP)
- Effectively engage the community.
- Uphold principles of Positive Youth Development.

Funding

- Leverage and maximize resources (e.g., create a community “inventory”)



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Adolescent Health Infrastructure Project: Background: Project Activities

Adolescent Health Infrastructure Toolkit & Adolescent Friendly Services Checklist

- Provide Adolescent Friendly Health Care
- Gain Support for Integrated & Coordinated Adolescent Health Systems
- Leverage and Maximize Resources
- Protect Adolescent Consent and Ensure Health Care Confidentiality
- Advocate for the Creation of Supportive Health Care Financial Systems
- Coordinate Involvement of Relevant Key Stakeholders



Adolescent Health Infrastructure Project

Next Steps: Toolkit & Demonstration Sites

- AHI Toolkit
- AHI Ning Site
- Two Local Health Department Demonstration Sites
- Report of Expert Panel Findings



Overlap/Intersect of State and Local Systems Work



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Think: take a few minutes to think about the...

Programs and services in your state that strive to protect and promote the health and well-being of adolescents. What is the **current level** of:

- **Coordination** among AH services/systems in your state?
- **Strength of partnerships** that influence adolescent health?
- **Capacity** to address adolescent health?



Think...

To what extent:

- Has your state **succeeded** in meeting the needs of adolescents?
 - What seems to be the most critical aspect(s) of successfully meeting the needs of adolescents?



Pair (Pare) & Share...

- What steps need to be taken to improve the extent to which your state can establish programs, services, and partnerships that better meet the needs of adolescents?
 - What people do we need to talk to?
 - What systems/sectors need to work together?
 - What messages need to be heard at the community, local, state, and national levels?
 - What, if any, behaviors need to be changed?



Ultimately, we hope that our efforts

Support significant improvements in the health,
safety, and well-being of adolescents!



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Resources

- System Capacity Assessment Tool
- White Paper
- *Creating Healthy Opportunities: Conversations with Adolescent Health Experts*
- Healthy People 2020 – need infrastructure and capacity to address the objectives
- Community guide



Thank you!

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